

➔ quick facts

AGES 3 and older (as of Jan 1,10)

LOCATION Lockwood Park

REGISTRATION ends 1 week prior to start of program
(or when capacity is reached)

NOTE The Rockford Park District reserves the right to move any student between levels. Classes will begin promptly at the designated start time. Students who arrive late must wait at the hitching rail for an assistant to bring them into the arena.

PROPER ATTIRE Dress for the weather (rain coat, windbreaker, etc.). For their safety, riders and caregivers are required to wear closed-toe and closed-heel shoes. (Sturdy boots with a 1" heel are recommended as the safest footwear for riding, but are not required.) Long pants are also required.

WESTERN DISCIPLINE Learning to steer with one hand, sitting trot, proper riding position in Western saddle.

YOUTH horseback riding

➔ Instruction in more advanced skills such as loping/cantering is offered in private/semi-private lessons only. For more information or to schedule a lesson, call 815-987-8809.

My Little Pony (Ages 3–6)

Experience the joy of riding and grooming our sweet ponies. **Two parents or caregivers** (must be age 13 or older) should attend with each child, and will be given instructions on how to lead a pony. Children ride in the arena with assistance from one caregiver, while the other leads the pony. If the group is able, one lesson is a trail ride. Class is limited to 6 participants.

Need another caregiver? Lockwood Park can provide a caregiver for \$15 per session.

Resident \$65.00
Non-resident \$70.00

Lockwood Park 5201 Safford Rd, Rockford

MONDAYS ID# 755104-94
Sept 13, 10–Oct 4, 10 | 5:15–6:15 am

Trail ride class

(Ages 10 and older)

Take your skills to the next level!

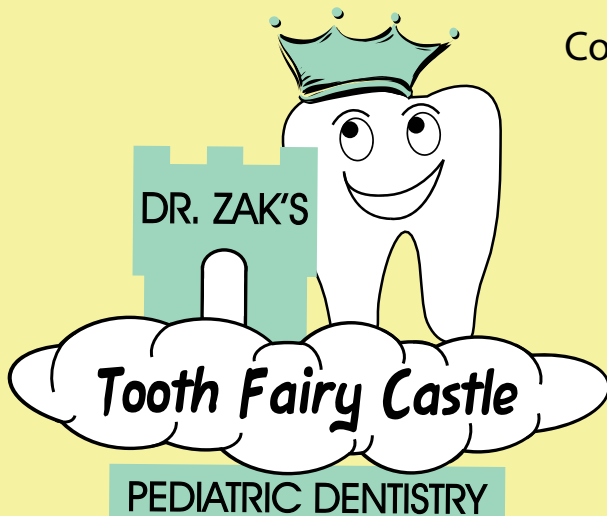
PREREQUISITE Successful completion of Horsemanship Level 1 or attended TROT Camp at Lockwood Park

All lessons will be instructed on trail rides in the scenic woods of Lockwood Park. Topics covered include trail ride safety, etiquette, and the dos and don'ts of riding.

Resident \$135.00
Non-Resident \$150.00

Lockwood Park 5201 Safford Rd, Rockford

WEDNESDAYS ID# 755160-91
Sept 8, 10–Sept 29, 10 | 5:30–7:00 pm



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2730 McFarland Rd. • Rockford, IL 61107

815-637-1700

Dr. Joseph Zakarija D.D.S., M.S.

Horsemanship group lessons

(Ages 7 and older)

Group riding lessons are based on a progressive system, with each level building on the skills learned in the previous level. Riders progress at their own rate, moving on to the next level only after required skills are mastered. All levels may be repeated until the requirements are met. The skills evaluation for each level must be passed prior to registration for the successive level. New students must begin with Level 1 or pass a skill placement test — call 815-987-8809.

FEE PER SESSION

Resident \$125.00

Non-resident \$135.00

Lockwood Park 5201 Safford Rd, Rockford



Horsemanship Level 1 Western

(Ages 7 and older)

Level One focuses on introducing the student to an enjoyable riding experience. Riders will learn basic skills—leading, mounting, walking, stopping, steering, maintaining proper spacing, and dismounting—and develop proper body position in either Western or English styles of riding. These basic skills are the foundation on which all upper level lessons will build.

Level 1 skill set

- Learn Horse/Barn Safety Rules and 4 Natural Aids
- Learn how to approach, lead, mount, walk, stop, steer, maintain spacing, and dismount
- Develop proper body position
- Master the skills of leading, walking, stopping, and maintain spacing using check and release

MONDAYS ID# 755103-91
Sept 13, 10–Oct 4, 10 | 5:15–6:15 pm

Level 2 Western

(Ages 7 and older)

... offers riders an opportunity to improve their horsemanship skills with continued practice in Western style riding.

Level 2 skill set

- Improve basic skills of leading, walking, stopping, and spacing
- Learn the half circle and reverse, advanced steering, and the extended walk
- Experience trotting with assistance
- Master steering and proper body position

TUESDAYS ID# 755123-93
Sept 7, 10–Sept 28, 10 | 5:15–6:15 pm

THURSDAYS ID# 755123-93
Sept 9, 10–Sept 30, 10 | 5:15–6:15 pm

LOCKWOOD PARK'S
SPOOKTACULAR
PUMPKIN PATCH DAY
MONDAY, OCT 11, 2010 • 10:00 am–4:00 pm

Celebrate Columbus Day at Lockwood's pumpkin patch!

The day will feature Children's Farm activities, games, hay rides, pony rides, corn maze, a corn launch, and more. For more information, call 815-987-8809.