

# **NEWS RELEASE**

**ROCKFORD PARK DISTRICT** MAKING MEMORIES FOR A LIFETIME

**From:** Rockford Park District - Therapeutic Recreation  
**For Immediate Release:** March 25, 2010  
**For Additional Information Contact:**  
Jordan McDonald, Recreation Coordinator  
815-987-1609; jordanmcdonald@rockfordparkdistrict.org

## **Dance Program for Youth with Disabilities Wraps Up Successful Debut Session**

**ROCKFORD IL** – The first collaborative dance program between the Rockford Dance Company and Rockford Park District Therapeutic Recreation will wrap up the successful debut session of the "A Chance to Dance" program on March 27. The eight-week session of Saturday morning classes is led by Rockford Dance Company instructors and supported by the Park District's Therapeutic Recreation staff.

The program consists of technique-based dance classes at Rockford Dance Company's Riverfront Museum Park studio for students with disabilities ages 3-12 to explore creative expression in a non-judgmental setting. Students also explore spatial awareness and expressive movement to increase strength, stability, and flexibility. Age-appropriate instruction is given in age groupings of 3-5 and 6-12. Fifteen students were registered for the initial session, and additional sessions are being planned for fall 2010.

For more information, contact Jordan McDonald, (Rockford Park District) Recreation Coordinator, at 815-987-1609 or e-mail [jordanmcdonald@rockfordparkdistrict.org](mailto:jordanmcdonald@rockfordparkdistrict.org).

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**ROCKFORD PARK DISTRICT**

401 South Main Street • Rockford, IL • 815-987-8800 • 888-871-6171 (TTY) • [www.rockfordparkdistrict.org](http://www.rockfordparkdistrict.org)



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