

YOUTH figure skating

- Our programs use the nationally recognized *US Figure Skating Basic Skills Program*, and fees include *USFS* membership.
- Classes meet once a week, and skates are provided for all levels.
- The minimum class size is 6 skaters. We reserve the right to combine classes with fewer than 2 skaters. When only 1 skater is in attendance, he/she will receive 15 minutes of private instruction.
- Skaters progress at their own rate, moving on to the next level only after required elements are mastered. All levels may be repeated until the requirements are met. The Rockford Park District reserves the right to move any skater between levels. The skills evaluation for each level must be passed prior to registration for the next level.
- Badges are presented as skaters complete each level of the program.
- If you need to miss your regular class, you can make it up if it is offered another time during the week. If not, you can use one of your free public skates or freestyle session passes to practice.

Tot 'n' me (Ages 3–4)

This class is a great way to be active with your child! Parents/guardians, age 16 or older, and kids can strap on a pair of skates and learn to skate together. Parent/guardian must wear skates. Skate rental is included for both in class fee.

Carlson Ice Arena 4150 N Perryville Rd, Loves Park

6-WK SESSION

Resident \$70.00
Non-resident \$75.00

TUESDAYS Jan 5–Feb 9
ID# 851116-31 5:35–6:05 pm

THURSDAYS Jan 7–Feb 11
ID# 851116-32 12:30–1:00 pm
ID# 851116-33 5:30–6:00 pm

SATURDAYS Jan 9–Feb 13
ID# 851116-34 10:00–10:30 am

TUESDAYS Feb 16–March 23
ID# 851116-41 5:35–6:05 pm

THURSDAYS Feb 18–March 25
ID# 851116-42 12:30–1:00 pm
ID# 851116-43 5:30–6:00 pm

SATURDAYS Feb 20–March 27
ID# 851116-44 10:00–10:30 am

5-WK SESSION

Resident \$57.50
Non-resident \$62.50

TUESDAYS March 30–April 27
ID# 851116-51 5:35–6:05 pm

THURSDAYS April 1–29
ID# 851116-52 12:30–1:00 pm
ID# 851116-53 5:30–6:00 pm

SATURDAYS April 3–May 1
ID# 851116-54 10:00–10:30 am

4-WK SESSION

Resident \$45.00
Non-resident \$50.00

TUESDAYS May 11–June 8
ID# 851116-61 5:35–6:05 pm
No class May 25

quick facts

AGES 3 and older (*as of Jan 1*)

LOCATION Carlson Ice Arena

REGISTRATION ends 1 week prior to start of session (*or when capacity is reached*)

How to get started

- 1 Register for a Learn to Skate class.
- 2 Arrive at the rink at least 15 minutes before your scheduled group lesson.
- 3 Check in at the Learn to Skate table.
- 4 Go to the skate counter to get a pair of skates, and put them on.
- 5 For the first class, meet your instructor in the lobby at the designated area.
- 6 Pay attention in class and ask questions if you don't understand a skill.
- 7 Have fun!

What to wear

Dress for warmth, including long pants and a jacket. Sweatpants or warm-up pants are ideal. Remember to bring gloves and a hat. Hair should be secured neatly off the face.

Free parent info sessions

Attend prior to your child's first lesson. Learn about our figure skating program, have your questions answered, and receive a free Parent Handbook. Meetings are held in the Carlson Ice Arena meeting room.

Jan 4, Feb 15, March 29 & May 10
at 6:00 pm

FIGURE SKATING PARTICIPANTS

SIGN UP TOGETHER AND SAVE!

Receive 10% off your 2nd family member's registration or session
(or 20% off your third session or family member's registration)

FEE ASSISTANCE
AVAILABLE

See pg 39 for details.



Snowplow Sam (Ages 3–5)

These classes are for our tiniest skaters who want to discover the excitement of figure skating. The 30-minute classes are progressive— as your child's figure skating skills improve, they move through the USFS-sanctioned Snowplow Sam series of classes.

Carlson Ice Arena 4150 N Perryville Rd, Loves Park

Snowplow Sam 1

Learn to sit/stand up with skates on the ice, march in place, and other introductory skills.

6-WK SESSIONS

Resident \$70.00
 Non-resident \$75.00

TUESDAYS Jan 5–Feb 9
 ID# 851101-31 5:35–6:05 pm

THURSDAYS Jan 7–Feb 11
 ID# 851101-32 12:30–1:00 pm

ID# 851101-33 5:30–6:00 pm

SATURDAYS Jan 9–Feb 13
 ID# 851101-34 10:00–10:30 am

TUESDAYS Feb 16–March 23
 ID# 851101-41 5:35–6:05 pm

THURSDAYS Feb 18–March 25
 ID# 851101-42 12:30–1:00 pm

ID# 851101-43 5:30–6:00 pm

SATURDAYS Feb 20–March 27
 ID# 851101-44 10:00–10:30 am

5-WK SESSIONS

Resident \$57.50
 Non-resident \$62.50

TUESDAYS March 30–April 27
 ID# 851101-51 5:35–6:05 pm

THURSDAYS April 1–29
 ID# 851101-52 12:30–1:00 pm

ID# 851101-53 5:30–6:00 pm

SATURDAYS April 3–May 1
 ID# 851101-54 10:00–10:30 am

4-WK SESSION

Resident \$45.00
 Non-resident \$50.00

TUESDAYS May 11–June 8
 ID# 851101-61 5:35–6:05 pm

No class May 25

Snowplow Sam 2

PREREQUISITE Completion of Snowplow Sam 1

Learn various techniques including backward 'wiggles' and the two foot hop in place.

6 WK-SESSIONS

Resident \$70.00
 Non-resident \$75.00

TUESDAYS Jan 5–Feb 9
 ID# 851102-31 5:35–6:05 pm

THURSDAYS Jan 7–Feb 11
 ID# 851102-32 12:30–1:00 pm

ID# 851102-33 5:30–6:00 pm

SATURDAYS Jan 9–Feb 13
 ID# 851102-34 10:00–10:30 am

TUESDAYS Feb 16–March 23
 ID# 851102-41 5:35–6:05 pm

THURSDAYS Feb 18–March 25
 ID# 851102-42 12:30–1:00 pm

ID# 851102-43 5:30–6:00 pm

SATURDAYS Feb 20–March 27
 ID# 851102-44 10:00–10:30 am

5-WK SESSIONS

Resident \$57.50
 Non-resident \$62.50

TUESDAYS March 30–April 27
 ID# 851102-51 5:35–6:05 pm

THURSDAYS April 1–29
 ID# 851102-52 12:30–1:00 pm

ID# 851102-53 5:30–6:00 pm

SATURDAYS April 3–May 1
 ID# 851102-54 10:00–10:30 am

4 WK SESSION

Resident \$45.00
 Non-resident \$50.00

TUESDAYS May 11–June 8
 ID# 851102-61 5:35–6:05 pm

No class May 25

Adult Learn to Skate (Ages 17 and older)

You're never too old to learn to skate or improve your skating skills! The classes are USFS-sanctioned.

Carlson Ice Arena 4150 N Perryville Rd, Loves Park

6-WK SESSION

Resident \$92.50
 Non-resident \$97.50

SATURDAYS Jan 9–Feb 13
 ID# 851115-31 7:00–8:00 am

SATURDAYS Feb 20–March 27
 ID# 851115-41 7:00–8:00 am

5-WK SESSION

Resident \$76.25
 Non-resident \$81.25

SATURDAYS April 3–May 1
 ID# 851115-51 7:00–8:00 am

4-WK SESSION

Resident \$45.00
 Non-resident \$50.00

TUESDAYS May 11–June 8
 ID# 851115-61 6:10–6:40 pm

No class May 25

SIGN UP TOGETHER AND SAVE!

Receive 10% off your 2nd family member's registration or session
(or 20% off your third session or family member's registration)

➤ **BONUS OFFER AVAILABLE!**

See pg 23 for details.

Snowplow Sam 3

PREREQUISITE Completion of Snowplow Sam 2

Learn skills such as forward skating (8–10 steps), a forward glide, and the forward snowplow stop.

6-WK SESSION

Resident \$70.00
Non-resident \$75.00

TUESDAYS Jan 5–Feb 9
ID# 851103-31 5:35–6:05 pm

THURSDAYS Jan 7–Feb 11
ID# 851103-32 12:30–1:00 pm

ID# 851103-33 5:30–6:00 pm

SATURDAYS Jan 9–Feb 13
ID# 851103-34 10:00–10:30 am

TUESDAYS Feb 16–March 23
ID# 851103-41 5:35–6:05 pm

THURSDAYS Feb 18–March 25
ID# 851103-42 12:30–1:00 pm

ID# 851103-43 5:30–6:00 pm

SATURDAYS Feb 20–March 27
ID# 851103-44 10:00–10:30 am

5-WK SESSIONS

Resident \$57.50
Non-resident \$62.50

TUESDAYS March 30–April 27
ID# 851103-51 5:35–6:05 pm

THURSDAYS April 1–29
ID# 851103-52 12:30–1:00 pm

ID# 851103-53 5:30–6:00 pm

SATURDAYS April 3–May 1
ID# 851103-54 10:00–10:30 am

4-WK SESSION

Resident \$45.00
Non-resident \$50.00

TUESDAYS May 11–June 8
ID# 851103-61 5:35–6:05 pm
No class May 25

Beginning Basics (Ages 6–16)

Never skated before and want to learn? This class will get you feeling comfortable on the ice, and prepare you for the Basic 1 class.

6-WK SESSION

Resident \$70.00
Non-resident \$75.00

TUESDAYS Jan 5–Feb 9
ID# 851122-31 5:35–6:05 pm

THURSDAYS Jan 7–Feb 11
ID# 851122-32 5:30–6:00 pm

ID# 851122-33 6:40–7:10 pm

SATURDAYS Jan 9–Feb 13
ID# 851122-34 10:00–10:30 am

ID# 851122-35 11:10–11:40 am

TUESDAYS Feb 16–March 23
ID# 851122-41 5:35–6:05 pm

THURSDAYS Feb 18–March 25
ID# 851122-42 5:30–6:00 pm

ID# 851122-43 6:40–7:10 pm

SATURDAYS Feb 20–March 27
ID# 851122-44 10:00–10:30 am

ID# 851122-45 11:10–11:40 am

5-WK SESSION

Resident \$57.50
Non-resident \$62.50

TUESDAYS March 30–April 27
ID# 851122-51 5:35–6:05 pm

THURSDAYS April 1–29
ID# 851122-52 5:30–6:00 pm

SATURDAYS April 3–May 1
ID# 851122-54 10:00–10:30 am

4-WK SESSION

Resident \$45.00
Non-resident \$50.00

TUESDAYS May 11–June 8
ID# 851122-61 5:35–6:05 pm
No class May 25



Learn to Skate practice (All ages)

Supervised practice sessions for any level skater to progress at a faster pace.

Carlson Ice Arena 4150 N Perryville Rd, Loves Park

6-WK SESSION

Resident \$42.00
Non-resident \$45.00

SATURDAYS Jan 9–Feb 13
ID# 851121-31 11:10–11:40 am

SATURDAYS Feb 20–March 27
ID# 851121-41 11:10–11:40 am

5-WK SESSION

Resident \$35.00
Non-resident \$37.50

SATURDAYS April 3–May 1
ID# 851121-51 11:10–11:40 am

4-WK SESSION

Resident \$28.00
Non-resident \$30.00

TUESDAYS May 11–June 8
ID# 851121-61 6:10–6:40 pm
No class May 25

Basic (Ages 6–16)

Learn to skate and continue to build your skills

Classes are based on a progressive system, with each level building on the skills learned in the previous level, and follow the *USFS-sanctioned Basic Skills* criteria for coursework and skill testing.

Carlson Ice Arena 4150 N Perryville Rd, Loves Park

Basic 1

6-WK SESSION

Resident..... \$70.00
 Non-resident..... \$75.00

TUESDAYS Jan 5–Feb 9
 ID# 851131-31 5:35–6:05 pm

THURSDAYS Jan 7–Feb 11
 ID# 851131-32 5:30–6:00 pm
 ID# 851131-33 6:40–7:10 pm

SATURDAYS Jan 9–Feb 13
 ID# 851131-34 10:00–10:30 am
 ID# 851131-35 11:10–11:40 am

TUESDAYS Feb 16–March 23
 ID# 851131-41 5:35–6:05 pm

THURSDAYS Feb 18–March 25
 ID# 851131-42 5:30–6:00 pm
 ID# 851131-43 6:40–7:10 pm

SATURDAYS Feb 20–March 27
 ID# 851131-44 10:00–10:30 am
 ID# 851131-45 11:10–11:40 am

5-WK SESSION

Resident..... \$57.50
 Non-resident..... \$62.50

TUESDAYS March 30–April 27
 ID# 851131-51 5:35–6:05 pm

THURSDAYS April 1–29
 ID# 851131-52 5:30–6:00 pm

SATURDAYS April 3–May 1
 ID# 851131-54 10:00–10:30 am

4-WK SESSION

Resident..... \$45.00
 Non-resident..... \$50.00

TUESDAYS May 11–June 8
 ID# 851131-61 5:35–6:05 pm
No class May 25

Basic 2

6-WK SESSION

Resident..... \$70.00
 Non-resident..... \$75.00

TUESDAYS Jan 5–Feb 9
 ID# 851132-31 5:35–6:05 pm

THURSDAYS Jan 7–Feb 11
 ID# 851132-32 5:30–6:00 pm
 ID# 851132-33 6:40–7:10 pm

SATURDAYS Jan 9–Feb 13
 ID# 851132-34 10:35–11:05 am
 ID# 851132-35 11:10–11:40 am

TUESDAYS Feb 16–March 23
 ID# 851132-41 5:35–6:05 pm

THURSDAYS Feb 18–March 25
 ID# 851132-42 5:30–6:00 pm
 ID# 851132-43 6:40–7:10 pm

SATURDAYS Feb 20–March 27
 ID# 851132-44 10:35–11:05 am
 ID# 851132-45 11:10–11:40 am

5-WK SESSION

Resident..... \$57.50
 Non-resident..... \$62.50

TUESDAYS March 30–April 27
 ID# 851132-51 5:35–6:05 pm

THURSDAYS April 1–29
 ID# 851132-52 5:30–6:00 pm
 ID# 851132-53 6:40–7:10 pm

SATURDAYS April 3–May 1
 ID# 851132-54 10:35–11:05 am
 ID# 851132-55 11:10–11:40 am

Basic 2 continued

4-WK SESSION

Resident..... \$45.00
 Non-resident..... \$50.00

TUESDAYS May 11–June 8
 ID# 851132-61 5:35–6:05 pm
No class May 25

Basic 3

6-WK SESSION

Resident..... \$70.00
 Non-resident..... \$75.00

TUESDAYS Jan 5–Feb 9
 ID# 851133-31 5:35–6:05 pm

THURSDAYS Jan 7–Feb 11
 ID# 851133-32 6:05–6:35 pm

SATURDAYS Jan 9–Feb 13
 ID# 851133-33 10:35–11:05 am

TUESDAYS Feb 16–March 23
 ID# 851133-41 5:35–6:05 pm

THURSDAYS Feb 18–March 25
 ID# 851133-42 6:05–6:35 pm

SATURDAYS Feb 20–March 27
 ID# 851133-43 10:35–11:05 am

5-WK SESSION

Resident..... \$57.50
 Non-resident..... \$62.50

TUESDAYS March 30–April 27
 ID# 851133-51 5:35–6:05 pm

THURSDAYS April 1–29
 ID# 851133-52 6:05–6:35 pm


SATURDAYS April 3–May 1
 ID# 851133-53 10:35–11:05 am

4-WK SESSION

Resident..... \$45.00
 Non-resident..... \$50.00

TUESDAYS May 11–June 8
 ID# 851133-61 5:35–6:05 pm
No class May 25

FEE ASSISTANCE AVAILABLE
See pg 39 for details.



BONUS OFFER!

Practice skating at public skate or freestyle sessions.
Snowplow Sam 1–3, Basic 1–4, and Adult: 2 FREE public skate passes
Basic 5–8, 4150 Club, Spins & Jumps, and Theatre on Ice: 2 FREE 30-minute freestyle passes
Limit 2 passes per skater per session. Passes are distributed during the session.

Basic 4

6-WK SESSION

Resident \$70.00
 Non-resident \$75.00

TUESDAYS Jan 5–Feb 9
 ID# 851134-31 6:10–6:40 pm

THURSDAYS Jan 7–Feb 11
 ID# 851134-32 6:05–6:35 pm

SATURDAYS Jan 9–Feb 13
 ID# 851134-33 10:35–11:05 am

TUESDAYS Feb 16–March 23
 ID# 851134-41 6:10–6:40 pm

THURSDAYS Feb 18–March 25
 ID# 851134-42 6:05–6:35 pm

SATURDAYS Feb 20–March 27
 ID# 851134-43 10:35–11:05 am

5-WK SESSION

Resident \$57.50
 Non-resident \$62.50

TUESDAYS March 30–April 27
 ID# 851134-51 6:10–6:40 pm

THURSDAYS April 1–29
 ID# 851134-52 6:05–6:35 pm

SATURDAYS April 3–May 1
 ID# 851134-53 10:35–11:05 am

4-WK SESSION

Resident \$45.00
 Non-resident \$50.00

TUESDAYS May 11–June 8
 ID# 851134-61 6:10–6:40 pm
No class May 25

Basic 5

6-WK SESSION

Resident \$70.00
 Non-resident \$75.00

TUESDAYS Jan 5–Feb 9
 ID# 851135-31 6:10–6:40 pm

THURSDAYS Jan 7–Feb 11
 ID# 851135-32 6:05–6:35 pm

TUESDAYS Feb 16–March 23
 ID# 851135-41 6:10–6:40 pm

THURSDAYS Feb 18–March 25
 ID# 851135-42 6:05–6:35 pm

5-WK SESSION

Resident \$57.50
 Non-resident \$62.50

TUESDAYS March 30–April 27
 ID# 851135-51 6:10–6:40 pm

THURSDAYS April 1–29
 ID# 851135-52 6:05–6:35 pm

4-WK SESSION

Resident \$45.00
 Non-resident \$50.00

TUESDAYS May 11–June 8
 ID# 851135-61 6:10–6:40 pm
No class May 25

Basic 6

6-WK SESSION

Resident \$70.00
 Non-resident \$75.00

TUESDAYS Jan 5–Feb 9
 ID# 851136-31 6:10–6:40 pm

THURSDAYS Jan 7–Feb 11
 ID# 851136-32 6:05–6:35 pm

TUESDAYS Feb 16–March 23
 ID# 851136-41 6:10–6:40 pm

THURSDAYS Feb 18–March 25
 ID# 851136-42 6:05–6:35 pm

5-WK SESSION

Resident \$57.50
 Non-resident \$62.50

TUESDAYS March 30–April 27
 ID# 851136-51 6:10–6:40 pm

THURSDAYS April 1–29
 ID# 851136-52 6:05–6:35 pm

4-WK SESSION

Resident \$45.00
 Non-resident \$50.00

TUESDAYS May 11–June 8
 ID# 851136-61 6:10–6:40 pm
No class May 25

↘ Basic classes continued on next pg

FIGURE SKATING PARTICIPANTS

SIGN UP TOGETHER AND SAVE!

Receive 10% off your 2nd family member's registration or session
 (or 20% off your third session or family member's registration)

BONUS OFFER!

Practice skating at public skate or freestyle sessions.
Snowplow Sam 1–3, Basic 1–4, and Adult: 2 FREE public skate passes
Basic 5–8, 4150 Club, Spins & Jumps, and Theatre on Ice: 2 FREE 30-minute freestyle passes
Limit 2 passes per skater per session. Passes are distributed during the session.

➤ Basic classes continued from pgs 22–23

Basic 7

6-WK SESSION

Resident	\$70.00
Non-resident	\$75.00

TUESDAYS	Jan 5–Feb 9	TUESDAYS	Feb 16–March 23
ID# 851137-31	6:10–6:40 pm	ID# 851137-41	6:10–6:40 pm

5-WK SESSION

Resident	\$57.50
Non-resident	\$62.50

TUESDAYS	March 30–April 27
ID# 851137-51	6:10–6:40 pm

4-WK SESSION

Resident	\$45.00
Non-resident	\$50.00

TUESDAYS	May 11–June 8
ID# 851137-61	6:10–6:40 pm
	<i>No class May 25</i>

Basic 8

6-WK SESSION

Resident	\$70.00
Non-resident	\$75.00

TUESDAYS	Jan 5–Feb 9	TUESDAYS	Feb 16–March 23
ID# 851138-31	6:10–6:40 pm	ID# 851138-41	6:10–6:40 pm

5-WK SESSION

Resident	\$57.50
Non-resident	\$62.50

TUESDAYS	March 30–April 27
ID# 851138-51	6:10–6:40 pm

4-WK SESSION

Resident	\$45.00
Non-resident	\$50.00

TUESDAYS	May 11–June 8
ID# 851138-61	6:10–6:40 pm
	<i>No class May 25</i>

Spins & Jumps (Ages 6–16)

Designed to help skaters who have progressed through **Basic 4** to further develop their spinning and jumping skills

PREREQUISITE Completion of Basic 4

Focus will be on correct spinning techniques while challenging skaters to improve their personal best revolutions. Skaters will also learn proper exercises to develop correct muscle memory for consistently successful jumping. As the class progresses, skaters will learn more advanced positions to take their skating to the next level.

Carlson Ice Arena 4150 N Perryville Rd, Loves Park

6-WK SESSION

Resident	\$70.00
Non-resident	\$75.00

THURSDAYS	Jan 7–Feb 11
ID# 851158-03	6:40–7:20 pm

THURSDAYS	Feb 18–March 25
ID# 851158-04	6:40–7:20 pm

5-WK SESSION

Resident	\$57.50
Non-resident	\$62.50

THURSDAYS	April 1–29
ID# 851158-05	6:40–7:20 pm

4-WK SESSION

Resident	\$45.00
Non-resident	\$50.00

TUESDAYS	May 11–June 8
ID# 851158-06	5:35–6:05 pm
	<i>No class May 25</i>

4150 Club (Ages 6–16)

Designed to help skaters who have progressed through **Basic 1–8** to further develop

PREREQUISITE Completion of Basic 8

Modeled after the *USFS Bridge Program*, skaters will be introduced to all elements of skating, and what is required if they choose to continue to skate recreationally or begin a competitive career. The program follows *Freestyle 1–6, Artistry in Motion, Ice Dance, and Synchronized Skating* requirements, as well as off-ice warm-up routines, stretching, and educational sessions.

Carlson Ice Arena 4150 N Perryville Rd, Loves Park

6-WK SESSION

Resident	\$92.50
Non-resident	\$97.50

TUESDAYS	Jan 5–Feb 9
ID# 851141-31	6:10–7:40 pm
	6:10–6:50 pm on-ice
	7:00–7:40 pm off-ice

TUESDAYS	Feb 16–March 23
ID# 851141-41	6:10–7:40 pm
	6:10–6:50 pm on-ice
	7:00–7:40 pm off-ice

5-WK SESSION

Resident	\$76.25
Non-resident	\$81.25

TUESDAYS	March 30–April 27
ID# 851141-51	6:10–7:40 pm
	6:10–6:50 pm on-ice
	7:00–7:40 pm off-ice

4-WK SESSION

Resident	\$60.00
Non-resident	\$65.00

TUESDAYS	May 11–June 8
ID# 851141-61	6:10–7:40 pm
	6:10–6:50 pm on-ice
	7:00–7:40 pm off-ice
	<i>No class May 25</i>

Theatre on Ice (Ages 6–16)

PREREQUISITE Completion of Basic 4

Theatre on Ice is growing as a sport across the country, and is a great way to express yourself on ice, be part of a fun team, and practice your skills at the same time! This class will consist of theatre, ensemble, and free skating skills. Participants of the class will be in the opening number of *Summer Showcase*, *Snow on Ice*, and the *Spring Ice Show*. *Costumes, registration cost, and additional fees for the show are not included.*

Carlson Ice Arena 4150 N Perryville Rd, Loves Park

6-WK SESSION

Resident.....\$70.00
Non-resident.....\$75.00

TUESDAYS **Jan 5–Feb 9**
ID# 851155-03 5:35–6:05 pm

TUESDAYS **Feb 16–March 23**
ID# 851155-04 5:35–6:05 pm

4-WK SESSION

Resident..... \$45.00
Non-resident..... \$50.00

5-WK SESSION

Resident.....\$57.50
Non-resident.....\$62.50

TUESDAYS **March 30–April 27**
ID# 851155-05 5:35–6:05 pm

TUESDAYS **May 11–June 8**
ID# 851155-06 5:35–6:05 pm
No class May 25