

➔ quick facts

AGES: 7 and older

LOCATION:

Lockwood Park
5201 Safford Rd, Rockford, IL

REGISTRATION: ends 1 week prior to start of program (or when capacity is reached)

WESTERN HORSEBACK RIDING

- Level 1 – Saddle Up!
- Level 2 – Bits & Reins
- Level 3 – Giddy Up!
- Level 4 – Trot Around

ENGLISH HORSEBACK RIDING

- Level 1 – Saddles & Stirrups
- Level 2 – Walk, Turn & Stop
- Level 3 – Post a Trot

YOUTH horseback riding

NEW! Learn to Ride!

We have revamped our Horseback Riding lesson program, making it more affordable and more fun!

Lockwood Park's horseback riding lesson program provides a fun and safe riding experience for the beginner as well as the more advanced rider. We offer instruction in both Western and English disciplines. Your child can achieve the skills necessary to either ride for fun the rest of their lives or to participate in competitions. Trail Ride classes are offered for advanced riders.

Lower Cost! We've reduced the cost of our lessons and increased class time, so riders are getting more training for less.

More Lesson Time! All lessons include FREE "Horse Talks" – short horse-related demonstrations covering topics such as grooming, saddling, hoof care, feeding, and more. Learn all the all about the horse, from hoof to tail!

Free Photo! All lesson participants will receive a complimentary photo taken with their lesson horse.

English vs. Western—What's the Difference?

Western riders learn to hold the reins with one hand, called neck reining, and sit the trot in a Western saddle. English riders learn to hold one rein in each hand, called direct reining, and post the trot in an English saddle.

Level 1 Western—Saddle Up (Ages 7+)

Level One focuses on introducing the student to an enjoyable riding experience. Riders will learn basic skills – leading, mounting, walking, stopping, steering, maintaining proper spacing, and dismounting – and develop proper body position in either Western or English styles of riding. These basic skills are the foundation on which all upper level lessons will build.

SKILL SET: Learn Horse/Barn Safety Rules and 4 Natural Aids; Learn how to approach, lead, mount, walk, stop, steer, maintain spacing, and dismount; develop proper body position; master the skills of leading, walking, stopping, and maintain spacing using check and release.

Resident..... \$100.00 Non-resident..... \$110.00

DAY	TIME	DATES	ACTIVITY#
TU	5:30-6:45 pm	Aug 9-Aug 30	755103-81
TU	6:30-7:45 pm	Aug 9-Aug 30	755103-82
TU	5:30-6:45 pm	Sep 6-Sep 27	755103-91
TU	6:30-7:45 pm	Sep 6-Sep 27	755103-92

Level 2 Western—Bits and Reins (Ages 7+)

Level Two offers participants an opportunity to improve their horsemanship skills with continued practice in Western style riding. Riders will master basic control, learn the extended walk, and are introduced to trotting.

SKILL SET: Improve basic skills of leading, walking, stopping, steering, spacing, and proper body position. Learn the half circle and reverse, advanced steering, and the extended walk, experience trotting with assistance, master the skills of steering and proper body position.

Resident..... \$100.00 Non-resident..... \$110.00

DAY	TIME	DATES	ACTIVITY#
WE	5:30-6:45 pm	Aug 10-Aug 31	755123-81
WE	6:30-7:45 pm	Aug 10-Aug 31	755123-82
WE	5:30-6:45 pm	Sep 7-Sep 28	755123-91
WE	6:30-7:45 pm	Sep 7-Sep 28	755123-92



YOUTH horseback riding

Level 3 Western—Giddy Up and Go! (Ages 7+)

Level Three builds on the concept of independent body movement. Students will learn basic control at the trot, including proper position. Increased physical skill and concentration are necessary for this level.

SKILL SET: Improve skills learned in Level Two: trot independently, increasing distance at a trot as rider gains more control and confidence, maintain proper body position at the trot, regulate speed using check and release, transition smoothly between gaits, master the skills of the extended walk, and trotting independently while regulating speed.

Resident \$100.00 Non-resident \$110.00

DAY	TIME	DATES	ACTIVITY#
MO	5:30-6:45 pm	Aug 8-Aug 29	755133-81
MO	5:30-6:45 pm	Sep 12-Oct 3	755133-91

Level 4 Western—Trot Around (Ages 7+)

Level Four gives riders the opportunity to enhance their horsemanship skills at a trot. Students will trot as a group on the rail, maintaining proper position and spacing as they circle the arena. Riders will practice simple patterns at a trot, and learn skills to prepare to lope.

SKILL SET: Trot as a group, maintaining spacing and body position, improve transitions between gaits, prepare for loping, master control, spacing, and body position at a trot.

Resident \$100.00 Non-resident \$110.00

DAY	TIME	DATES	ACTIVITY#
MO	6:30-7:45 pm	Aug 8-Aug 29	755140-81
MO	6:30-7:45 pm	Sep 12-Oct 3	755140-91

My Little Pony (Ages 3-6)

Children enjoy a 45-minute experience riding and grooming our sweet ponies. Two parents or caregivers (must be age 13 or older, wear sturdy, closed shoe or boot) should attend with each child and will be given instructions on how to lead a pony. Children ride in the arena with assistance from one caregiver, while the other leads the pony. If the group is able, one lesson is a trail ride. Class limited to 6 participants.

Lockwood Park can provide a caregiver for \$15 per session

Resident \$65.00 Non-resident \$70.00

DAY	TIME	DATES	ACTIVITY#
MO	5:15-6:15 pm	Sep 12-Oct 3	455104-09
MO	6:30-7:30 pm	Sep 12-Oct 3	455104-10

Hit the Trails (Ages 10+)

PREREQUISITE: Successful completion of Horsemanship Level 1 or attended TROT Camp at Lockwood Park

All lessons will be instructed on trail rides in the scenic woods of Lockwood Park. Topics covered include trail ride safety, etiquette, dos and don'ts of riding. *If you are ready to take your skills to the next level, this is the class for you.*

Resident \$135.00 Non-resident \$150.00

DAYS	TIME	DATES	ACTIVITY#
TH	5:30-7:00 pm	Aug 11-Sept 1	755160-81
TH	5:30-7:00 pm	Sept 8-Sept 29	755160-91

LOCKWOOD PARK'S Birthday Bash

LOCKWOOD PARK • 5201 SAFFORD RD
SATURDAY • AUGUST 27 • 10am-4pm
FREE with some paid admissions

Fun Games:

- Water Balloon Toss • Pony Races • Bean Bag Toss
- Lasso the Steer • Lockwood Minute-to-win-it • Milk the Cow

Fun Activities:

- Pony Ring Rides • Wagon Rides • Trail Rides • Dunk Tank • Face Painting and Tatoos • Children's Crafts • Visit the Animal Barn

Programs and events subject to change.

LOCKWOOD PARK'S PUMPKIN PATCH FEST

LOCKWOOD PARK • 5201 SAFFORD RD
SAT/SUN/MON • OCT 7, 8, & 9 • 10am-4pm
FREE with some paid admissions

- Hayrides out to pick your own pumpkin
- All Pumpkins \$5
- Corn Maze and Tunnel
- Visit the Animal Barn
- Pumpkin Launch
- Pony Ring
- Crafts and Games



Programs and events subject to change.

LOCKTOBERFEST 2011

LOCKWOOD PARK • 5201 SAFFORD RD
SAT/SUN • OCT 15-16, 22-23, 29-30 • 10am-4pm
FREE with some paid admissions

- Hayrides out to pick your own pumpkin - \$5
- Visit Pumpkinland! Pumpkins for sale - \$5
- Hayride story times featuring *The First Forest* by local author John Gile
- Get spooked in the Haunted Barn
- Corn Maze and Tunnel
- Visit the Animal Barn
- Pumpkin Launch
- Pony Ring
- Crafts and Games



Events and activities subject to change.

Sponsored by: Cost Cutters, InsureOne, and Rasmussen College

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ONLINE rockfordparkdistrict.org



REGISTRATION now open! See pg 37 for details!